# **International Conference: Culture, Community and Health**

**Building Healthy Communities** through Arts and Creativity

Time	Programme	Speakers	Time	Programme
9:00 - 9:30 am	Welcome desk - Secretariat	Registration and reception of participants	1:00 - 2:30 pm	Lunch**
9:30 - 10:00 am	Opening Session	<b>Jerónimo José</b> CIMAC's Intermunicipal Secretary		Good Practices
		Maria Filomena Mendes Health Regional Administration President	2:30 - 2:50 pm	"National Health Service - Transformation, Proximity and Citizer
10:00 - 10:30 am	Opening Speech - An introduction to the conference theme in the perspective of WHO Europe	Calum Smith Consultant, Behavioural and Cultural Insights Unit at WHO Europe		Centricity. Framing social and cultura prescription models in public health policies"
			3:00 -	"Kulturvitaminer - The Aalborg
10:30 - 10:45 am	Transforma - Programme for an Inclusive Culture in Alentejo Central	Ana Isa Coelho Technical Officer in the Environment and Development Unit - CIMAC	3:20 pm	Experience"
			3:20 -	"Cultura en Vena - Improving health
10:45 - 11:15 am	"The impact of Arts in Health and Well-Being: evidences of success"	Alexandra Burton Senior Research Fellow, the Social BioBehavioural Research Group (a World Health Organization Collaborating Centre for Arts and Health), Department of Behavioural Science and Health, University College London	3:40 pm	wellbeing through artistic intervention hospitals and rural communities at rise depopulation in Spain"
11:15 - 11:30 am	Coffee Break		3:50 - 4:10 pm	"Social prescription in Lisbon - Famil health units project and the impacts in its community"
11:30 - 12:00 pm	"Creative Public Mental Health - The Scandinavian experience. Benefits,	Anita Jensen Dr. Arts & Health Strategist and researcher, Primary		
	Weaknesses and Strategies for the Future"	Healthcare, Region Skåne and Lund University	4:10 - 4:30 pm	"Implementing the cultural prescripti project in Alentejo Central and
12:00 - 12:30 pm	"A picture of mental health in Alentejo and in Portugal - Mental health indicators, obstacles and future perspectives"	Ana Matos Pires Member of the National Coordination of Mental Health Policies of the Ministry of Health; Regional Coordinator of Mental Health of ARS Alentejo Director of the Mental Health Department and		NÓS: first person plural an arts and mental health cultural inclusion activity of Transforma"
		Psychiatric Service of ULSBA; Psychiatrist	4:30 -	Final debate
12:30 - 1:00 pm	Debate		5:00 pm	

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Transforma Programa para uma Cultura Inclusiva do Alentejo Central

June 22<sup>nd</sup> 2023, 9 am - 5 pm Teatro Garcia de Resende, Évora (Portugal)



#### **Speakers**

Buffet lunch served at Teatro Garcia de Resende

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### Victor Ramos

Chairman of the Board of Directors of Fundação para a Saúde - SNS; Visiting Professor at NOVA ENSP and at the University of Évora

### **Mikael Odder Nielsen**

Project leader of Cultural Prescription Project in Aalborg, Denmark

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## Marta Espinós\*

Associate Diretor of Cultura en Vena Foundation. Pianist, music commissioner, adviser on innovation and musical enterprise

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#### **Cristiano Figueiredo**

Co-coordinator of the Social Prescribing Portugal group. Co-coordinator of the Social Prescription Pilot Project of ACES Lisboa Central. Guest Assistant at ENSP-NOVA responsible for the curricular unit of Primary Health Care and Family Doctor at the Family Health Unit of Baixa.

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#### Associação Cultural Pó de Vir a Ser – Patrícia Claudino (Clinical Psychologist)

Cultural Association located in Évora coordinating the implementation of the Cultural Prescription Project in Alentejo Central



